

National Federation of State
High School Associations



2012 Track and Field

Major Editorial Changes

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Rule Modification for Individual Accommodation

Rule 4-4 NOTE

- Each state association may, in keeping with applicable law, authorize exceptions to NFHS playing rules to provide reasonable accommodations
 - to individual participants with disabilities and/or special needs
 - to individual participants with unique and extenuating circumstances



Rule Modification for Individual Accommodation

Rule 4-4 NOTE

- The accommodations should not:
 - Fundamentally alter the sport
 - Allow an otherwise illegal piece of equipment to be used
 - Create risk to the athlete/others
 - Place opponents at a disadvantage



Rule Modification for Individual Accommodation Rule 4-4 NOTE

Examples

Diabetic

Insulin pump

Hearing Impaired

Hearing aid

Missing limb

Artificial limb



Relays – Baton Exchange

Rule 5-10-7

- The baton shall be handed **from the incoming runner to the outgoing runner**. A legal exchange must occur within the exchange zone



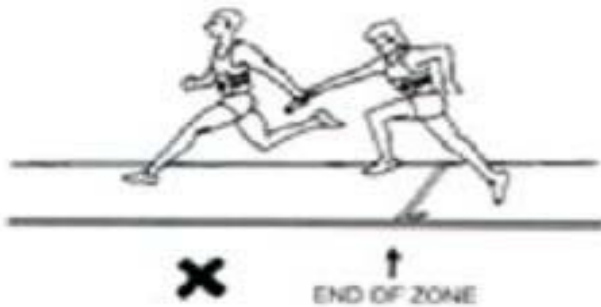
Relays – Baton Exchange

Rule 5-10-7

- Passing commences when baton is first touched by outgoing runner and completed when baton solely in possession of outgoing runner
- Outgoing runner shall not take sole possession while baton is outside exchange zone

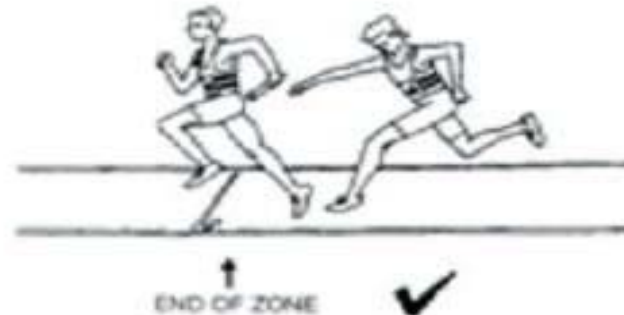


Relays – Baton Exchange Rule 5-10-7



**Baton exchange
outside of zone**

Illegal



**Baton exchange
inside of zone**

Legal



Major Editorial Changes

Rule 6-3-2

- Removed and replaced unnecessary verbiage describing the tie breaking procedure. For places in throwing events, the second best performance of the athletes tying shall resolve the tie. Then, if necessary, the third best and so on



Major Editorial Changes

Rule 6-6-1

- Changes measuring the javelin by diameter rather than circumference. **The outer diameter of the binding shall not exceed the shaft diameter, immediately forward of the binding, by more than 8mm...**



Major Editorial Changes

Rule 7-4-16

- Clarifies that it is a foul if the competitor **takes off from two feet or uses weights or artificial aids**. Both are covered in other rules but should appear under “It is a foul...”



Major Editorial Changes

Rules 9-6-1, 2 PEN, 9-6-4 PEN

- Corrects a clerical error and clarifies the disqualification is from the **meet**



Other Editorial Changes

- 1-1-1, 2 Consistency in language throughout rules book “Track **and Field**”
- 5-3-7 Correction in length (**20 centimeters**)
- 6-2-3 Consistency with Rule 3-2-4d, that the games committee **may** determine when the event is to be concluded
- 6-2-5 Consistency with Rule 7-2-3 and eliminates unneeded reference to successive trials as this is addressed elsewhere in the rules



Other Editorial Changes

- 6-2-6 Added “**and finals**” for clarification as to when head event judge may change order of competition
- 6-2-7 Added “**and finals**” for consistency in language
- 6-6-2 Corrects the javelin weight conversion from grams to pounds and now lists metric weight first

	Boys	Girls
Weight (minimum)	800 g (1 lb, 12 oz)	600 g (1 lb, 5 oz)



Other Editorial Changes

- 7-1-3, 4 Consistency in language with Rule 6-1.
Article 3 – To qualify is to **earn** the right...
Article 4 – A foul jump is one **which** is counted as a trial but which is not measured **or declared successful because of some violations of the rule**

- 7-2-2 Consistency in language and clarification of games committee authority. “...The time at which the preliminaries in each horizontal jumping event **must be concluded or completed may** be set by the games committee...”



Other Editorial Changes

- 7-3-3,
2-2-3 Clarifies that a competitor shall be credited with his/her best achievement **including performances in a jump-off**
- 7-4-16d Provides consistency in language in vertical jumps and removes unnecessary language “d. Fails to initiate **a trial** that is carried to completion within the defined time period after being called **and after the crossbar has been set.**”



Other Editorial Changes

- 7-5-29e Deletes listing a specific time as this changes during progression of competition. “...defined time period...” is sufficient as specific times for trials are listed elsewhere
- 9-4-2 Clarifies the referee has the authority to deal with “**other irregularities**” such as in timing or other unusual circumstances

