

**NEBRASKA SCHOOL ACTIVITIES ASSOCIATION
OFFICIAL MINUTES OF THE SPORTS MEDICINE ADVISORY COMMITTEE**

The NSAA Sports Medicine Advisory Committee (SMAC) met March 24, 2010 at the Nebraska School Activities Association Office, Lincoln, Nebraska, with members present as follows:

Dr. Kody Moffatt, Chair
Scott Martens, ATC
Joe Kutlas, Grand Island High School Athletic Director
Doug Long, ATC
Dr. Dennis Connolly
Bud Dahlstrom, NSAA
Darin Boysen, NSAA

The meeting was called to order at 1:10 p.m.

It was moved by Doug Long, ATC and seconded by Scott Martens to approve the minutes of the December 2, 2009 meeting.

The committee reviewed the current NSAA Acclimatization Guidelines for football and the NSAA Football Acclimatization Survey results from NSAA member schools. There are few similar guidelines or studies available for other fall sports. The committee recommends the same guidelines be used for next year and requests that member schools be surveyed by an expanded survey.

Darin Boysen led a discussion on NFHS Wrestling Rule 4-2-3—Communicable Skin Conditions. The committee reviewed and discussed methods to improve the skin check and evaluation protocols employed during NSAA district and state wrestling events.

Dr. Kody Moffat reported on pre-participation physical recommendations by Nebraska Pediatric physicians and Scott Martens presented examples of other states requirements for athletic pre-participation requirements. The committee reached consensus on surveying other groups on the feasibility of proposing changes to the current NSAA Bylaw regarding required pre-participation physicals.

The date and time of the next meeting will be announced after the beginning of the 2010-2011 school year.

There being no further items, the SMAC adjourned the meeting at 3:20 p.m.

Bud Dahlstrom
Assistant Director