

**NEBRASKA SCHOOL ACTIVITIES ASSOCIATION  
OFFICIAL MINUTES OF THE SPORTS MEDICINE ADVISORY COMMITTEE**

The NSAA Sports Medicine Advisory Committee (SMAC) met April 24, 2013 at the Nebraska School Activities Association office, Lincoln, Nebraska, with members present as follows:

Dr. Kody Moffatt, Chair, Scott Martens (ATC), Rusty McKune (ATC), Dr. Thomas Heiser, Doug Long (ATC), Dr. Dennis Connolly, Ron Higdon (NSAA), Bud Dahlstrom (NSAA)

The meeting was called to order at 1:00 p.m. by Dr. Moffatt and introductions of all of those in attendance took place. In addition to the committee members, Dave Schultz was in attendance for a presentation.

It was moved by Dr. Kody Moffatt and seconded by Ron Higdon and passed unanimously to approve the minutes of the April 18, 2012 meeting.

Dave Schultz from Nebraska Orthopedic was given time to present to the committee about the Nebraska Sports Concussion Network. This network provides training for people to utilize Impact testing in areas all across Nebraska. The cost has typically been absorbed by the local hospital of that area. Thus far there have been around 600 people trained to administer the testing. The discussion provided great information and Dave expressed interest in the NSAA spreading the word on the network to all member schools. There was no motion for action and nothing voted on at this time.

Ron Higdon presented to the committee information concerning the national trend of high school activities associations as well as laws that make concussion training mandatory for all coaches in the state. The NFHS has a way of tracking who has taken the concussion testing provided through their website. After a lengthy discussion it was determined that there would be no financial impact to the schools or individuals and that it would better help the member schools comply with LB 260 if the NSAA made this training a mandatory requirement annually.

It was moved by Doug Long and seconded by Dr. Connolly and passed unanimously that the NSAA Sports Medicine Advisory Committee recommend to the NSAA Board of Directors that all coaches be required to take the NFHS free course "Concussion in Sports – What You Need To Know".

Rusty McKune presented to the committee information on guidelines for "Return to Learn" for kids that sustain a concussion. This information is being developed by the Nebraska Department of Education in conjunction with the NSATA and Physicians across the state. Rusty informed the committee that he will submit any further information as it becomes available.

Scott Martens asked if anyone on the committee was aware of any protocol for a severe outbreak of MRSA or herpes for a team or school. After much discussion, it was determined that each situation should be handled separately and that if anyone was to contact the NSAA about a potential outbreak, that the NSAA SMAC should be informed and handled accordingly.

Ron Higdon informed the committee about the ongoing concern with the NFHS about the ability to tape additional padding on the headgear for the purpose of protecting a wrestler that has cauliflower ear. There was extensive discussion about the possibility of it being a carrier of MRSA and the committee determined that there was no greater chance of the tape being a carrier as the shoes, the headgear itself, a kneepad or any other brace that it not washed on a daily basis. The discussion was merely informational and no action was proposed.

Meeting adjourned at 3:10 p.m.

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Ron Higdon  
NSAA Assistant Director